

BAYOU BYLINE



September 2021

Calendar of Events

September

- 18 Duck Pond Cleanup contact Roy O'Neal at royoneal2@gmail.com
- 21 Monthly Meeting 6:30 pm Speaker is Jane Watts, Director, Ross Lynn Foundation

October

- 2 Webster Parish Paddle Dorcheat Bayou
- 9 River Rat Paddle Challenge on the Ouachita River
- 16 Wildlife Celebration at Red River National Wildlife Refuge - 9:00am to 2:00pm contact Sandy Roerig at <u>sandra.roerig@lsuhs.edu</u> - CANCELLED!!
- 17 Caddo Lake Paddle contact John Fortune at john@johnfortune.net
- 19 Monthly Meeting 6:30 pm
- 23 D'Arbonne Hike contact Kim Cox at kcox@bpcc.edu

November

- 13 Monkey Trail Hike contact Sandy Roerig at sandra.roerig@lsuhs.edu
- 16 Monthly Meeting 6:30 pm

December

- 5 Annual Christmas Party at the Jernigan's 4:00 pm until Contact Tammy at tjerni88@hotmail.com
- 11 Caney Lake Hike/Salad Fest contact is Marian Howard at marianehoward@comcast.net





Our monthly meetings are held at the Red River National Wildlife Refuge 150 Eagle Bend Point, Bossier City, LA 71112.

Meetings are held on the third Tuesday of each month. (except December) Program starts at 6:30 pm. Business meeting follows. Plan to join us after the meeting for pizza and socializing.



Jane Watts, Director of the Ross Lynn Charitable Foundation. The RLCF creates opportunities where art, outdoor adventure and healthy living develop an appreciation of the world and challenges youth to enhance their communities.

BCOS Meeting Minutes - August 17, 2021

By: Secretary Kristin Tilbury

Sarah Philyaw called the meeting to order with 20 in attendance at the Red River National Wildlife Refuge Visitor's Center. Guests and new members were recognized.

The previous monthly meeting minutes were accepted.

Guest Speaker

Dillon Soderstrom gave a presentation: "Snakes of Louisiana." He described various species of venomous and non-venomous snakes and brought a Hog Nose snake for brave members to pet.



Treasurer's Report

Dick Maxwell reported \$5,915.14 account balance.

Old Business

T-shirts - Dick is taking payments for shirts. They will be in next week.

Jacqueline Tripp gave a presentation on giraffe stone architecture in the Ozarks and in Louisiana.

New Business

There was no unresolved old business.

Sara Coleman gave a report on Marshall Kelly. He is still in Room 67 of The Glen in Shreveport.

Upcoming events

The monthly planning meeting was conducted over Zoom. Becky sent an email with all the upcoming events. Contact Sarah for event additions.

Red River Moonlight Paddle will take place on Friday August 20th. Wayne Kiefer will lead the paddle. Meet at Sci-port by 7:00pm. There will be a cookout and bonfire. Bring PFD and drinks.

Lower Mountain Fork River Float is tentatively scheduled for Saturday August 28th.

On August 31st, Becky Evans is leading a hike at Red River Wildlife Refuge.

On September 10, Sherri Teer is coordinating a hiking/camping trip at Kisatchie National Forest. The campgrounds are on a first come/first serve basis. Plan to arrive Friday night to reserve a campsite.

Sandy Roerig will conduct leadership training at our next meeting.

Meeting adjourned.







Lake Caroline Pop Up Paddle

By: Kim Cox

Twenty kayakers enjoyed a Saturday morning paddle on Lake Caroline (part of the Red River National Wildlife Refuge) in Bossier City on 8/14/21. The group consisted of some BCOS "regulars" and quite a few "newbies" who were excited for their maiden voyages! Thanks to Dick Maxwell for bringing some extra boats for a few that haven't committed to buying one just yet but wanted to enjoy the experience. (Remember to let folks know that BCOS members can request to borrow a kayak for events like this) Paddlers arrived and were greeted by the first wildlife spotting of the day — a flock of wild(?) domesticated chickens clucking and foraging in the grass and woods near the boat launch. They seemed unfazed by us! Everyone did a fantastic job of using team effort to help with unloading boats and getting them down the hill to the launch. After a quick group pic everyone was safely in the water by just after 9 am. Grant Perkins kindly agreed to be the group guide and led us around the lake. We paddled through some cool cut-through paths amidst the buck brush where we saw herons and other small birds (but no gators, darn).

We made a brief stop at the beach on the far side of the lake (accessible by one of the refuge hiking trails) and then continued clockwise around the lake pockets toward the refuge visitor center pier. A scary moment on this leg of the journey when many of us were positive we spotted a big snake, swimming with its head and body up "cobra style" out of the water!! Examination of the video footage later revealed it to be not a snake at all, but instead a "Water Turkey" (aka snakebird or Anhinga). Who knew?? Check out my Facebook video and see for yourself why this sighting had a few of us pretty nervous!! As we passed by the visitor center pier we spotted a Girl Scout Troop on a field trip. They were excited to see our group of colorful kayaks floating by and waved/took pictures of us. One of our paddlers (Teresa) gave them an encouraging shout out... "COOKIES are better than popcorn!!" Which they loved, laughed at, and loudly agreed with!! We reached the launch just before 11:00 and again with an awesome group effort helped everyone land and load up their boats. Despite some forecasted threat of bad weather we ended up with an overcast sky that kept the temperature reasonable yay!! After waving goodbye to the Lake Caroline chickens many of us headed to Flying Heart Brewery where we enjoyed delicious food (Roy's salad was GINORMOUS!!), cold beverages and great conversation! A wonderful time was had by all!









August Moonlight Paddle

By: Wayne Kiefer

On August 20th, BCOS had a moonlight paddle on the Red River in downtown Shreveport. What a great paddle we had! Fifteen paddlers and 2 safety boaters arrived before 7:00 pm and got moving promptly at 7:00 pm. Definitely not our normal!

We had a steep bank of sand to get the boats down to the waters edge from the parking lot. A narrow path in the weeds gave us a good path to follow. And off we paddled north up the river and all arrived by 8:00 pm at the sandbar. Tom Perry and Roy O'Neal started the bonfire for us after they escorted all the paddlers to the location in the safety boat. We stayed until about 9:30 and ate hot dogs and marshmallows. The moon was perfect and the breeze from the south could not have been better. The paddle back was easy and only took about 25 minutes or less.

Then the teamwork kicked in again! As we arrived at the launch point, each person waited their turn in hoisting the boats up the bank using a rope and great team coordination. It went perfectly. Everyone helped in carrying boats, loading vehicles and at dragging the kayaks up over the sand bar. Tremendous group effort. Thanks to everyone who was there, you made being the leader so easy. We had some out-of-towners there Friday also. Great to see Mitch, Theresa, Bonnie and Ryan. Special thanks to Tom Perry and Roy O'Neal for the work they did on the safety boat and having our fire ready.











Coates Bluff Hike

By: Anna Livengood

On Saturday, August 28th at 7:00 a.m., a group of us met in front of the Montessori School of Shreveport on C.E. Galloway Blvd. to hike the Coates Bluff Trail. The Bayou Chapter of the Ozark Society received an invitation from the Meet Up group for this event. In attendance was Becky Evans, leader, Kim Cox, Charles Harner, Melissa Leporati, Stacy Lolley and myself. The star of the group was Melissa's part Dalmatian pup, Lucy, who was a great hiker and she kept us entertained.

Becky started us off with a history of Shreveport's origin, being on the spot where we were standing. As a former resident of Anderson Island for sixteen years, I never knew that Shreveport was founded within a mile of where I lived. About mid-way on our hike, we encountered a large area that was heavily trashed and we quickly filled two 13 gallon trash bags. Sandy would be proud of us! The trail was very shady, which was fortunate on this hot August day. There were several surprises along the way, which I will not spoil for you. Go see for yourself! Becky advised us to hike this trail with at least one other person for safety's sake. We followed our hike with a wonderful breakfast at Another Broken Egg's patio so that Lucy could join us.











2021 BCOS Elections are Coming Up!

October 19th

 Nominations for Chair, Vice-Chair, Secretary and Treasurer will be presented by the Nominating Committee and will also be accepted from the floor. (Any member can nominate an officer)

November 16th

• The Nominating Committee will present the final slate for the vote.

January 17th

Elected officials take office.

Duties of the Chair

- Preside at all meetings. Min of 4 annually.
- Appoint chairs of all Committees * within 30 days of election.
- Supervise Chapter work.
- Serve as ex-officio member of all committees.
- Serve as liaison between the Chapter & the Ozark Society.
- Serve on Nominating Committee.
- One year term. No more than 2 consecutive terms in the same position.

Duties of the Vice Chair

- Perform duties of the Chair in his/her absence.
- Serve on Nominating Committee.
- One year term. No more than 2 consecutive terms in the same position.

Duties of the Secretary

- Minutes and correspondence
- Serve on Nominating Committee.
- One year term. No more than 2 consecutive terms in the same position.

Duties of the Treasurer

- Custodian of funds, disbursement & collection.
- Maintain and publish current roster.
- Report at every meeting, have books available for inspection.
- Serve on Nominating Committee.
- May serve more than two terms.

Please see our by-laws under the Bayou Chapter for more detailed information at http://www.ozarksociety.net/wp-content/uploads/2021/04/BCOS-Bylaws-2021.pdfciety.net)

*The standing committees are; Newsletter, Conservation and Special Events.

Additional current committees are; Publicity (Webmaster, Facebook/Email Admin)

Proposed committees are Outings Committee (Paddle & Hike), Guest Speaker Committee and New Member Committee.

Planning a "Pop-Up" Event - Anyone Can Do It!!

By: Kim Cox

BCOS schedules many "formal" events throughout the year (those that are on the official calendar and typically planned and led by a BCOS officer or long-time member). BUT what we hope ALSO to enjoy regularly are more spontaneous "Pop-Up" events, which ANY member can put together and invite BCOS friends to participate in!! Planning a Pop Up is EASY ... it's basically a matter of saying to the group "Hey I think I'll hike/paddle at this place on this day who wants to join me??". While there are no real "rules" for a Pop-Up, here are some suggestions to help you feel more comfortable with the idea of being a Pop Up planner/leader:

- Decide on an activity, location, and day/time. It can be a place that is familiar to you... "let's go hike my favorite trail!!" or it can be a new adventure you've been wanting to try out... "let's explore this new paddling area together!!". Pick a day/time that works for YOU.. this is YOUR event!! We're not limited to weekend activities, many members would be available on weekdays as well!!
- If possible, scope out the area/activity ahead of time. This isn't always possible and it's not required but it can help you feel more confident in making suggestions about what participants should expect... "wear appropriate shoes there are still muddy spots on this trail".... "there are a couple of trees down on the trail, be prepared to climb over those".... "download the trail map on your phone ahead of time the cell signal is bad here".... "the salvinia is pretty thick, be prepared to paddle hard through some spots ".... "I spied a gator here yesterday so be sure to bring your camera!!"... Etc...
- Get word out to your BCOS friends. The easiest way to announce your pop-up is through the group email. Send an email out to bcos@googlegroups.com with some of the following basic info:
 - Day/time for the event and anticipated duration. "Hiking at Bodcau next Wednesday 9/15/21 at 9am. This hike should take us about 2 hours"
 - Location for the event. Be pretty detailed with this (location/driving directions), especially if it's a less familiar location for new members. A link to a google map of the location is a very good idea. Also include any special instructions on where to park, how to find the boat launch, "tricky" instructions, etc... "if you get to the Shell gas station you went to far"..... "look for the gravel road just past the ranger station".... "follow the signs for the campground and park there"
 - Any cost for the event. If you're planning an event in a park that charges an
 entrance fee or a boat launch fee be sure to let the members know to bring \$\$ for
 that.
 - Suggestions on what to bring. Some of these should be "standard". For example in planning a hike you should always recommend that members bring things like bug spray/sunscreen, water, hat/sunglasses, and wear good hiking shoes. In planning a paddle you should always recommend that members remember to bring/wear their PFD, water, hat/sunglasses, sunscreen/bug spray. And then depending on the specifics of the event the member might need to bring/plan for "extras". These things might include a snack or packed lunch (if the event is long or you want to add in a picnic lunch), special shoes or hiking stick/trekking poles (for particularly muddy/wet/rocky areas), a map of the area/trail (paper copy or downloaded version to phone... helpful if there's a chance someone would get a little lost from the group).

Planning a "Pop-Up" Event - Anyone Can Do It!! continued

A "heads up" on the level of difficulty and pace of the event. Are you planning a "leisurely paced" hike on "easy" trail? Or are you planning more of a "let's get a workout" event over more challenging terrain at a quicker pace? Both are FINE and can be FUN but members should know what you have in mind so they can decide if this event is really for them. For example "this paddle will be long and will take us through some pretty "dead" water areas so you'll need to be prepared to paddle hard"... "I would say this hike is moderate in difficulty...mostly flat but with a few pretty killer hills to climb"... "this paddle will take us through some white water/rapids so if you're not comfortable with that it may not be for you".... Etc...

It's possible (if 2 members are willing to be leaders on an event) that you can plan for 2 different kinds of experiences.... "Kim is going to take the shorter route with fewer hills and take a slower (let's look at the flora and fauna) pace if you want to follow her! Jill is going to take the longer route that has those big hills and she tends to walk faster so if that sounds like your thing (you want to get your heartrate up and get those steps in) plan to follow her!"

- Other specifics. May want to mention if the location/event is dog-friendly (if so, remind members about keeping pets leashed and bringing poop bags) or if they should leave little Fido at home for this one. May want to mention if there is a good map available of the area/trail accessible on apps like All Trails, Trailforks, etc
- Leave no Trace and consider making the event a clean-up opportunity! Members can be reminded to bring a small bag with them and maybe a pair of gloves (just toss those in your backpack or kayak) so we not only carry out our own trash but we can leave each place we visit a little more pristine than how we found it!!
- Consider socializing after the hike/paddle. Definitely not required but planning to eat/drink together afterwards (picnic lunch? Meet at a restaurant?) can be a lot of FUN!!
- o **Include your contact information**. Very important! If a member wants to ask questions about the event or gets lost trying to find you on the way there what's the best way for them to reach you?

Some other FAQ's and information you might want to consider/know:

- You can often enlist a more experienced BCOS member to help you... want to organize a paddle but afraid you'll get the group lost?? It's likely that one (or several) of your BCOS friends have been there before or are super comfortable being the "lead kayak/hiker" as you explore! Just because you organize the Pop-Up doesn't mean you have to necessarily be the one out front during the event!
- For safety reasons on the day of your event it's a good idea to not only have a leader (lead hiker/lead kayak) but also a "sweeper" who can stay at the back of the group to make sure no one gets lost/left behind. Just ask any BCOS member at the event to volunteer to be the sweep and someone will gladly take that role.
- If you want a larger audience for your invite (the more the merrier!!) then BCOS can add the Pop-Up as an Event on their Facebook page. Just include that in your email to the group ("Feel free to post this event on Facebook")
- Send some pics from the event (and a brief write-up about it) to the BCOS Newsletter chair (Marian Howard at <u>marianehoward@comcast.net</u>) afterward so she can share your fun experiences with the whole group!

Hopefully this information has helped you feel more comfortable and prepared to plan a Pop-Up event!! ALL members are strongly encouraged participate in this way and we hope to see a LOT of pop-ups throughout the year!! Let's get out and enjoy nature together as much as possible!!

September "Special" Days

- Sept. 3 Chuck Flores' 64th Birthday
- Sept. 4 Jankowski Twins Birthday (Jerry Martin's grandkids)
- Sept. 7 Charlie Hennington's Birthday
 Henry Ann and Jerry "Chief" Burton would have celebrated their 70th Wedding Anniversary
- Sept. 8 Becky Jutze's Birthday
- Sept. 10 Henry Ann Burton's Birthday (You ain't gonna believe it! Henry Ann will be 87 years young)
 David & Karen Pitts will have been hitched 40 years on this day.
- Sept. 12 Ann B. Holbrook was born on this day 68 years ago
- Sept. 15 J. J. Harris's Birthday (Ken Harris' son)
- Sept. 16 Mark Lane's Birthday Hard to believe he's in his 5th decade already
 Dick Maxwell's Birthday. He will be 78 years young. Wow Dick hard to believe, ain't it?
- Sept. 19 Kimberly Cox's birthday Cynthia Brix's birthday
- Sept. 20 The Loridans twins, Henri (the oldest) and Michelle were born on this day.
- Sept. 22 Autumn Begins Look out for falling leaves, but not much drop in temperature.
- Sept. 26 Mary Whitesnake Rambin, the finest Native American Lady most of, if not all, of us has ever known, would have been 102 Years old on this day.

That's all I have folks. Please let the Byline staff know of any "Special Days" that you would like to share with the BCOS family.

Classy Ads and Other Important Stuff

If you have any **equipment** you want to sell or give away, get in touch with Roy O'Neal. 318-272-0259 or royoneal2@qmail.com or just bring it to the upcoming meeting.

<u>Volunteer Needed</u>- Committee Member to Represent Louisiana for the 2021-22 OSF youth environmental engagement grants. If interested please email <u>bayouchair@ozarksociety.org</u>. For more information visit- https://www.ozarksociety.net/foundation/foundation-youth-grants/

WELCOME NEW MEMBERS!

Tom E. and Becky Bryant - Shreveport

Angela Savat - Shreveport





Bayou Chapter Ozark Society Officers - 2021

Chairman

Sarah Philyaw

bayouchair@ozarksociety.net

Webmaster

Tammy Jernigan tjerni88@hotmail.com

Publicity Chairman

Vice-Chairman Becky Evans

rae541991@yahoo.com

BCOS/Facebook Administrator

Dee Jaye Teutsch tdeejaye@gmail.com

firesidepoet8@hotmail.com

Local Streams Paddling

Treasurer

Secretary

Kristen Tilbury

Dick Maxwell

rmax62@comcast.net

Conservation Activities

Roy O'Neal

royoneal2@gmail.com

Newsletter Editor Marian Howard

marianehoward@comcast.net

Conservation Reports

Sandy Roerig

Newsletter Publisher Roy O'Neal royoneal2@gmail.com

sandra.roerig@lsuhs.edu

Ozark Society Officers - 2021

Louisiana State Director

Wayne Kiefer

wkiefer59@gmail.com

Ozark Society Secretary

Sandy Roerig

sandra.roerig@lsuhs.edu

Louisiana State Director

Catherine Tolson

catherine.tolson@comcast.net

Mountain Fork Paddle

By: Roy O'Neal

Every one survived, and it is this reporters opinion that all had a good, if not great time. The water level seemed perfect. The water temperature cool and the cloud cover much of the day was welcomed. The paddlers in our group were for the most part experienced, and shared their river knowledge with others which made the day truly enjoyable.

There was only two "swimming" instances in our group, both of which were by the same paddler. I suppose I could describe the experience in great detail, but let me just say that I have already called Dick Maxwell, who graciously allowed me to use his "new" sit-on-top" letting him know that the two times I swam were both a result of his boat and not my "goober paddling". (Are you surprised Mr. Maxwell did not agree with my assessment of the event.) I am pleased to report that I had no ill effects from either "dunking" and some of my training paid off — I

had my PFD "ON" and knew to keep my feet up and downstream. (Yes, my bottom was not up enough in the fast moving water, and I can attest to how secure the rocks were, having been unable to dislodge a single one as I bounced along.)

Sign up for the next Mountain Fork paddle. YOU CAN DO IT!



The Ozark Society Membership Application/Renewal



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☐ Schoolcraft (Springfield, MO)
☐ Sugar Creek (Bentonville, AR)
☐ No chapter, all to central Ozark Society
Section C: <u>Donations to our Funds</u>
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General Conservation Fund
Legal Fund
Compton Scholarship Fund
Hedges Scholarship Fund
OS Foundation
□ \$ OSF Legacy Fund

Please remit to: The Ozark Society, PO Box 2914, Little Rock, AR 72203

You will receive a Thank You email from the Ozark Society. Please contact oscomms@ozarksociety.net for questions.